



## The 4 'Ws' to tell someone before you go out...

- 1. *Where* are you going?**
- 2. *What* are you going to do?**
- 3. *Who* will you be with?**
- 4. *When* will you be home?**

### Mobile phones

*If you have a mobile phone, make sure:*

- You have it with you
- It is switched on and charged up
- You have important numbers saved in it
- It is safe and easy to get at

### **Remember, if a stranger asks you to go with them:**

- *Shout 'no' as loud as you can*
- *Look for people in uniform, such as police officers, who can help you*
- *Get home or somewhere you know is safe as soon as you can*