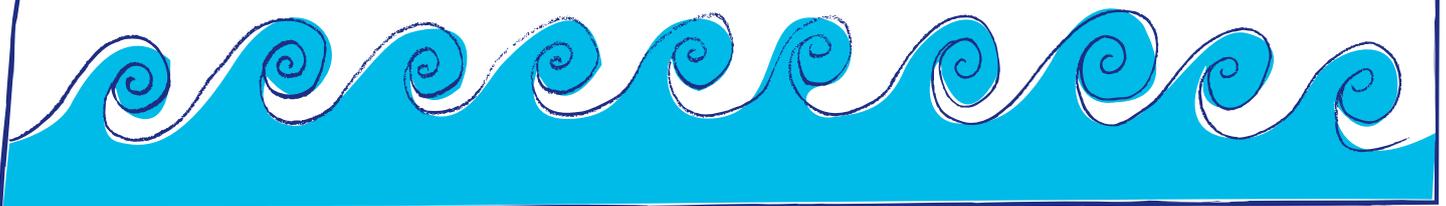


# Water Safety Quiz

**SPOT**  
**ADVICE**  
**FRIENDS**  
**EMERGENCY**

## Questions

1. What number should you call if someone needs help?
2. A red flag means you can swim in this area. True/False
3. Who should you always swim with (think SAFE code)?
4. What should you throw to help someone?  
A Life Ring          Your teacher          Shampoo          A Brick
5. If you are cold or tired in the swimming pool what should you do?  
Carry on swimming          Get out of the water          Splash your friends
6. You can phone an ambulance on 112. True/False
7. What should you wear if you can't swim?
8. What colour t-shirts do lifeguards normally wear?
9. If the lifeguard blows his whistle what should you do?  
Carry on swimming          Splash your dad          Stop and listen          Get out of the pool
10. If you see red and yellow flags what do they mean?  
Lifeguards look after this area          Do NOT swim in this area          Shark area
11. Canals are man-made. True/False
12. If you hurt yourself in a swimming pool without your parents who should you tell?
13. How much does it cost to phone 999?  
£1000          It is free          50p          £1
14. Why is it dangerous to swim alone?

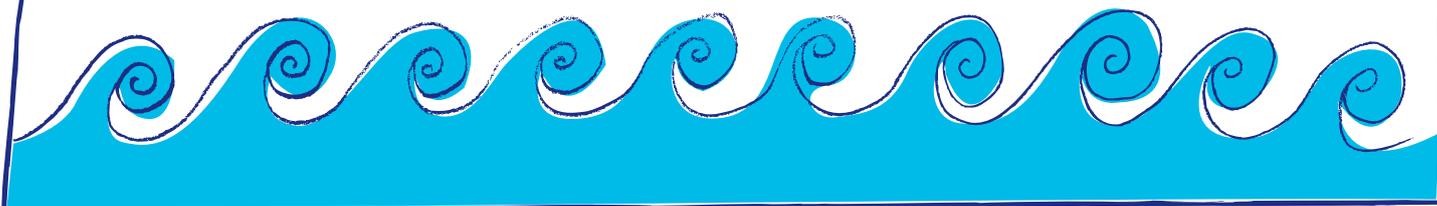


# Water Safety Quiz

## Questions and answers

**SPOT**  
**ADVICE**  
**FRIENDS**  
**EMERGENCY**

1. What number should you call if someone needs help?  
**999**
2. A red flag means you can swim in this area. True/False  
**False**
3. Who should you always swim with (think SAFE code)?  
**Friend**
4. What should you throw to help someone?  
**A Life Ring**      Your teacher      Shampoo      A Brick
5. If you are cold or tired in the swimming pool what should you do?  
Carry on swimming      **Get out of the water**      Splash your friends
6. You can phone an ambulance on 112. True/False  
**True**
7. What should you wear if you can't swim?  
**Armbands or ring**
8. What colour t-shirts do lifeguards normally wear?  
**Yellow**
9. If the lifeguard blows his whistle what should you do?  
Carry on swimming      Splash your dad      **Stop and listen**      Get out of the pool
10. If you see red and yellow flags what do they mean?  
**Lifeguards look after this area**      Do NOT swim in this area      Shark area
11. Canals are man-made. True/False  
**True**
12. If you hurt yourself in a swimming pool without your parents who should you tell?  
**Lifeguard**
13. How much does it cost to phone 999?  
£1000      **It is free**      50p      £1
14. Why is it dangerous to swim alone?  
**No one to help if you get into trouble**

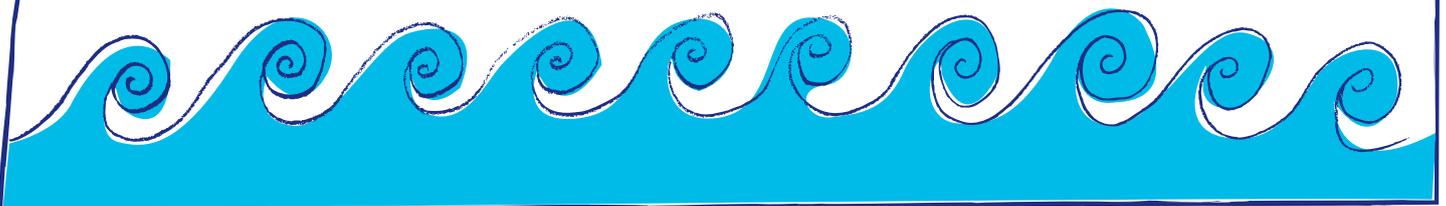


# Water Safety Quiz 2 – years 5 & 6

## Questions

**SPOT  
ADVICE  
FRIENDS  
EMERGENCY**

1. What should you throw if you see someone in danger in water?  
A rubber duck      A Life Ring      A canoe      Your teacher
2. You see someone in need of help in a lake what is the first thing you should do?
3. What does a red flag mean at the beach?  
It is safe to swim      Do not swim in this area      It is safe to swim with a parent
4. What must you never do if someone is in danger in water?
5. What colour flags is it safe to swim between?
6. In the SAFE code what is the first thing you should do when you are near water?
7. List 2 hazards you might find near a rock pool.
8. What does a black and white chequered flag mean?
9. Why should you never go near the water's edge when someone is in danger?
10. Who should you always listen to when swimming?
11. Why should people using inflatables in the sea be careful of the wind?
12. What number can you use for emergencies other than 999?
13. If you're not with a parent who should you ask for help if you cut your knee on a rock?
14. Name another piece of rescue equipment you could use other than a life ring.
15. List 3 things you should never do in or around a swimming pool.



# Water Safety Quiz 2 – years 5 & 6

## Questions and answers

**SPOT**  
**ADVICE**  
**FRIENDS**  
**EMERGENCY**

1. What should you throw if you see someone in danger in water?  
A rubber duck      **A Life Ring**      A canoe      Your teacher
2. You see someone in need of help in a lake what is the first thing you should do?  
**Call for help**
3. What does a red flag mean at the beach?  
It is safe to swim      **Do not swim in this area**      It is safe to swim with a parent
4. What must you never do if someone is in danger in water?  
**Jump in**
5. What colour flags is it safe to swim between?  
**Red and yellow**
6. In the SAFE code what is the first thing you should do when you are near water?  
**Look for the dangers**
7. List 2 hazards you might find near a rock pool.  
**(Examples: sharp rocks, wildlife, the tide, slippery rocks)**
8. What does a black and white chequered flag mean?  
**Sports zone, surf board area**
9. Why should you never go near the water's edge when someone is in danger?  
**You might fall in**
10. Who should you always listen to when swimming?  
**Lifeguards**
11. Why should people using inflatables in the sea be careful of the wind?  
**Could be swept out to sea**
12. What number can you use for emergencies other than 999?  
**112**
13. If you're not with a parent who should you ask for help if you cut your knee on a rock?  
**Lifeguards**
14. Name another piece of rescue equipment you could use other than a life ring.  
**(Examples – Rope, football, plastic bottle, any buoyant object)**
15. List 3 things you should never do in or around a swimming pool.  

<b>Run</b>	<b>Dive in at shallow end</b>	<b>Push people in</b>	<b>Swim in the diving area</b>
<b>Swim out of your depth</b>	<b>Bombing</b>	<b>Spitting</b>	
<b>Petting</b>	<b>Shouting</b>	<b>Acrobatics</b>	

